

Psalm 62
“Rest in God Alone”

I. Rest is found in God alone! (62:1-7)

A. Life is full of storms (3-4; Eph 6:12)

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms” (Eph 6:12 NIV).

B. God is the perfect refuge from life’s storms (1-2, 5-7)

II. Trust God! (62:8)

A. In every situation (8a)

B. Surrendering all to Him (8b)

III. Truths to remember! (62:9-12)

A. Human status is untrustworthy! (9)

B. Human wealth is untrustworthy! (10)

C. God is trustworthy! (11-12)

1. He is strong!

2. He is love!

3. He is just!

My Next step today is to...

- Confess that I have not been trusting God alone during life’s storms!
- Ask for prayer that I’ll trust God during life’s storm of: _____
- Surrender _____ completely to Him
- Remind myself daily of the truth: God is trustworthy!
- _____